

THE HEALTH DOCUMENTS OF NEW STUDENT

Welcome to Finland.

Finnish student health service (FSHS) is responsible of student health services in Vaasa. However, FSHS do not cover urgent medical care or secondary health care in hospitals.

Students from EU-countries should have the EU-card (the European health insurance card) from your local social security office. The EU-card gives you access to medically necessary healthcare during your stay in Finland under the same conditions and at the same cost as people insured in Finland. **For students from non-EU-countries, it is necessary to have an insurance that covers both accidents and illness.**

According to the Act of Infectious Diseases, the students of social and health care need to have an adequate protection against specific infectious diseases. We recommend that all new students take following laboratory tests and X-ray in their home country before the arrival to Finland. The tests may not be older than 6 months and all the results should be written in English.

Laboratory tests / thorax

- S-Hbs-Ag (Hepatitis B serum anti gene)
- S-HCV-Ab (Hepatitis C antibodies)
- S-HIV-Ab (Human immunodeficiency virus)
- S-Cardiolipin-Ab (Lues-antibodies)
- X-ray examination of the lungs (Thorax). Please note, bring only results, not X-ray photographs!

The following vaccinations are obligatory for the student of health care:

- Pertussis
- MMR (Mumps=Parotitis, Measles=Morbilli, Rubella=German measles)
- Hepatitis-B
- Chickenpox

We also recommend vaccinations for

- Polio
- Tetanus
- Diphtheria

You need to bring your **Vaccination certificate (in English)** included previous vaccination (how many doses, date, month, year).

Note, that there are restrictions on entry into Finland during the coronavirus pandemic. Please, check the current situation <https://raja.fi/en/guidelines-for-border-traffic-during-pandemic>

You should contact FSHS no later than two weeks after your arrival in Finland. Make sure that you bring all medical certificates about vaccinations and tests with you.

The MRSA screening test (methicillin-resistant Staphylococcus aureus) will be done for the students in nursing program in FSHS before the practice period in Vaasa

Best regards,

Finnish student health service

<https://www.yths.fi/en/frontpage/>