

# THE NEW STUDENTS HEALTH DOCUMENTS

The Vaasa Health Centre is in charge of student health services in Vaasa. We recommend that all new students send the following documents before their arrival and that the statements, laboratory and X-ray results should be in English. Please, fill in your personal names and date of birth on the Doctor`s statement.

**If you are a foreign citizen living in Finland you can contact the health centre in your own municipality in matters concerning Doctor`s statement, laboratory tests and vaccinations.**

**The attached Doctor`s statement including:**

## **1. Laboratory tests/thorax**

The following tests should be taken in your home country before you arrive in Finland and the results of the tests should be entered on the Doctor`s statement Under "Results from laboratory tests and other special tests":

(Please note that you should not send the X-ray photographs!)

- B-Hemoglobin (blood hemoglobin)
- S-Hbs-Ag (Hepatitis B serum anti gene)
- S-HCV-Ab (Hepatitis C antibodies)
- S-HIV-Ab (Human immunodeficiency virus)
- S-Kardioliipin-Ab (Lues/syphilis-antibodies)
- U-prot ((Urine prot test)
- U-gluc (Urine glucose test)
- X-ray of lungs: Thorax

## **2. Vaccination certificate**

- Tetanus
- Diptheria
- Polio
- MMR (Mumps=Parotitis, Measles=Morbilli, Rubella=German measles)

Please bring with you the European health insurance card from your local social security office (concerning students from EU-countries) before arriving in Finland in order to be covered by the National Health Insurance plan administered by KELA (The Social Insurance Institution). For students from non EU-countries, please make sure that you have an insurance which covers accidents and illness.

Students doing practical training in hospitals and health care centres will have to take MRSA and Salmonella tests in Vaasa upon arrival.

Please send the information requested in a sealed envelope to:

**The Student Health Services  
Novia University of Applied Sciences  
Seriegatan 2, 65320 Vaasa, Finland.**

All information is strictly confidential and will only be used by the health care personnel.